

HPS 103: Foundation Competencies for Health Science

This course is designed to assist the student in developing the knowledge, skills, and abilities necessary to be successful in health-related disciplines. Content focuses on development and use of effective study and test taking-skills, assertiveness training, stress management, values clarification, diversity, ethical-legal concept, problem-solving and communication skills. Upon completion of this course the student will demonstrate the knowledge, skills and abilities needed to be successful in the student role.

Credits: 3

Prerequisites:

As required by program.

Co-Requisites:

As required by program.

Program: [Health Science](#)