

COS 117: Basic Spa Techniques

This course is the study of cosmetic products, massage, skin care, and hair removal, as well as identifying the structure and function of various systems of the body. Topics include massage skin analysis, skin structure, disease and disorder, light therapy, facials, facial cosmetics, anatomy, hair removal, and nail care. Upon completion, the student will be able to state procedures for analysis, light therapy, facials, hair removal, and identify the structures, functions, disorders of the skin, and nail care. This is a CORE course. Note: There is an approved standardized plan-of-instruction for this course.

Credits: 3

Prerequisites:

As required by college.

Co-Requisites:

COS 118 – Basic Spa Techniques Lab.

Program: [Cosmetology](#)